

## Cayuga ISD Breakfast Menu

(Menu Subject to Change)



## Special Announcements:

A variety of cereal w/Whole Wheat Toast served daily.

1/2 Cup 100% Fruit Juice / 1/2 Cup Fruit (Assortment) / Milk Variety served daily.

Menu Subject to Change!



14.

28.

Sausage Biscuit or Cereal w/ Whole Wheat Toast

1/2 Cup 100% Fruit Juice 1/2 Cup Fruit (Assortment) Milk Variety



Uncrustable (PB&J)

οr

Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)

Milk Variety

Taco-Go (Egg, Cheese, & Turkey Sausage)

Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety

6.

Sausage Egg and Cheese Sandwich

Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)

Milk Variety

\*Cinnamon Roll w/Turkey Sausage Links or Cheese Toast

or

Cereal w/ Whole Wheat Toast
½ Cup 100% Fruit Juice
½ Cup Fruit (Assortment)
Milk Variety

or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment)

Chicken-n-Biscuit

Sausage Roll (Pig in a Blanket)

U

Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)

Milk Variety

Taco-Go (Egg, Cheese, & Ham)

Cereal w/ Whole Wheat Toast
½ Cup 100% Fruit Juice
½ Cup Fruit (Assortment)
Milk Variety

Chicken- n-Waffles or

Cereal w/Whole Wheat Toast
½ Cup 100% Fruit Juice
½ Cup Fruit (Assortment)
Milk Variety

Sausage Biscuit or

Cereal w/ Whole Wheat Toast

1/2 Cup 100% Fruit Juice

1/2 Cup Fruit (Assortment)

Milk Variety

15.

Donuts or Donut Holes or

Milk Variety

Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)

Milk Variety

16.

Cheese Omelet W/Whole Wheat Toast

Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)

Milk Variety

Breakfast Burrito or Yogurt w/Granola

Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment)

Fruit (Assortment) 20.

Sunrise Sandwich or

Cereal w/ Whole Wheat Toast
½ Cup 100% Fruit Juice
½ Cup Fruit (Assortment)
Milk Variety

\*Cinnamon Roll w/Turkey Sausage Links or Cheese Toast

Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment)

Milk Variety

School Holiday

23.

9.

Scrambled Eggs & Bacon w/Whole Wheat Toast

or

Cereal w/ Whole Wheat Toast
½ Cup 100% Fruit Juice
½ Cup Fruit (Assortment)

Milk Variety

Taco-Go (Egg, Cheese, & Turkey Sausage)

Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety Dutch Waffles W/Bacon

Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety Sausage Biscuit

Or
Cereal w/ Whole Wheat Toast

½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)

Milk Variety

29

French Toast

w/Turkey Sausage Links or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice

½ Cup Fruit (Assortment)
Milk Variety

30.



- Art Contest Deadline Apr. 2



This product was funded by USDA.

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Food and Nutrition Division National School Lunch Program and School Breakfast Program

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